



NZPOPs
NZ Psychologists of Older
People



APS Psychology
& Ageing
Interest Group



AUT CENTRE FOR
ACTIVE AGEING



“Innovations and Advances in Ageing Well”

Two Day Conference

Joint Conference of the NZ Psychologists of Older People
and the Australian Psychological Society’s Psychology & Ageing Interest Group
in partnership with the AUT Centre for Active Ageing

Friday 28–Saturday 29 June 2019
Auckland University of Technology, Auckland

CONFERENCE SCHEDULE

FRIDAY 28th June

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| 8.15 | Registrations open |
| 9.00 – 9.30 | Opening (Maori welcome and opening remarks by Nancy Pachana, President PAIG and Dionne Taylor, President NZPOPs) |
| 9.30 – 10.30 | Keynote : Prof Gerard J Byrne
TRICK QUESTION: CAN SUICIDE BE PREVENTED? Risk Assessment and Mitigation in Older People |
| 10.30 – 10.50 | Factors influencing the self-management of depression in older adults (M Polacsek) |
| 10.50 – 11.10 | Developing a psycho-educational tool to address loneliness in older adults
(K Harrington et al.) |
| 11.10 – 11.40 | Morning tea |
| 11.40 – 12.00 | Improving Psychological Treatment through Social Participation in Anxious and Depressed Older Adults (V Wuthrich et al.) |
| 12.00 – 12.20 | Can volunteers help older adults with depression and anxiety? (C Doyle & M Fearn) |
| 12.20 - 12.30 | Identifying and treating hearing loss for adults with dementia in care homes
(A Bott et al.) |
| 12.30 – 12.50 | The Effect of Use of a Mindfulness Smartphone App on Psychological Wellbeing in Older and Younger Adults (D Townsend & C Doyle) |
| 12.50- 1.00 | Using smartphone apps to support Mindfulness practice with older adults (A Boston) |
| 1.00 - 2.00 | Lunch |

- 2.00 – 3.00 **Keynote : Dr Duncan McKellar**
 BUILDING TRUST AFTER BROKENNESS. The Oakden Persons’ Mental Health Service
 Narrative from Failure to Reform
- 3.00 – 3.10 CBT and Dementia: A model of care delivery in residential aged care settings
 (S Bahr et al.)
- 3.20 – 3.40 Consumer experience in residential aged care: What makes a difference?
 (Y Wells & K Solly)
- 3.30 - 4.00 **Afternoon Tea**
- 4.00 – 4.20 What do we know about dementia in New Zealand? (S Yates & S Cullum)
- 4.20 – 4.30 Australian GP opinions regarding assessment of medical fitness to drive
 (M Cooper & A Schulenberg)
- 4.30 – 4.50 Can you really assess driving with an app? (M Cooper & A Schulenberg)
- [4.50 – 5.30 **NZPOPS AGM**]
- 6:30pm **DINNER** (location to be advised; self-pay)

SATURDAY 29th June

- 8.30 – 9.30 **Keynote : Prof Nancy A Pachana**
 AN EASY PILL TO SWALLOW. Creative Arts Engagement for Well-being in Later Life
- 9.30 – 9.50 The Meaning of Wisdom – An Australian Context (L Mitchell & N Pachana)
- 9.50 – 10.00 Re-Evaluating the Factor Structure of the Self-Assessed Wisdom Scale (T Leenan et al.)
- 10.00 – 10.20 Growing old in old age psychiatry (C Perkins)
- 10.20 – 10.30 Navigating an Ageing Workforce: the challenge and opportunity (S Cotton & R Palmer)
- 10.30 -11.00 Morning tea
- 11.00 – 11.20 Do no harm: Improving current usage of the MoCA in healthcare settings (H Paton)
- 11.20 – 11.40 Older Parents Caring for Adults with Intellectual Disability (S Wintherbotham et al.)
- 11.40 – 12.00 Caring for Carers: Framework, Economics and Outcomes (A Velnoweth & J Beresford)
- 12.20 - 1.00 Lunch
- 1.00 – 3.00 **WORKSHOP**
Prof Sara Honn Qualls
 INTERVENTIONS TO HELP CAREGIVERS AND THEIR FAMILIES
- 3.00 - 3.15 Closing remarks