### CONFERENCE SCHEDULE

**FRIDAY 28th June**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>8.15</td>
<td>Registrations open</td>
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<tr>
<td>9.00 – 9.30</td>
<td>Opening (Maori welcome and opening remarks by Nancy Pachana, President PAIG and Dionne Taylor, President NZPOPs)</td>
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<td>9.30 – 10.30</td>
<td><strong>Keynote : Prof Gerard J Byrne</strong>&lt;br&gt;TRICK QUESTION: CAN SUICIDE BE PREVENTED? Risk Assessment and Mitigation in Older People</td>
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<td>10.30 – 10.50</td>
<td>Factors influencing the self-management of depression in older adults (M Polacsek)</td>
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<td>10.50 – 11.10</td>
<td>Developing a psycho-educational tool to address loneliness in older adults (K Harrington et al.)</td>
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<tr>
<td>11.10 – 11.40</td>
<td>Morning tea</td>
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<td>11.40 – 12.00</td>
<td>Improving Psychological Treatment through Social Participation in Anxious and Depressed Older Adults (V Wuthrich et al.)</td>
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<td>12.00 – 12.20</td>
<td>Can volunteers help older adults with depression and anxiety? (C Doyle &amp; M Fearn)</td>
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<td>12.20 - 12.30</td>
<td>Identifying and treating hearing loss for adults with dementia in care homes (A Bott et al.)</td>
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<td>12.30 – 12.50</td>
<td>The Effect of Use of a Mindfulness Smartphone App on Psychological Wellbeing in Older and Younger Adults (D Townsend &amp; C Doyle)</td>
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<td>12.50– 1.00</td>
<td>Using smartphone apps to support Mindfulness practice with older adults (A Boston)</td>
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<td>1.00 – 2.00</td>
<td>Lunch</td>
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2.00 – 3.00  **Keynote**: Dr Duncan McKellar  
BUILDING TRUST AFTER BROKENNESS. The Oakden Persons’ Mental Health Service  
Narrative from Failure to Reform

3.00 – 3.10  CBT and Dementia: A model of care delivery in residential aged care settings  
(S Bahr et al.)

3.20 – 3.40  Consumer experience in residential aged care: What makes a difference?  
(Y Wells & K Solly)

3.30 - 4.00  **Afternoon Tea**

4.00 – 4.20  What do we know about dementia in New Zealand? (S Yates & S Cullum)

4.20 – 4.30  Australian GP opinions regarding assessment of medical fitness to drive  
(M Cooper & A Schulenberg)

4.30 – 4.50  Can you really assess driving with an app? (M Cooper & A Schulenberg)

[4.50 – 5.30  **NZPOPS AGM** ]

6:30pm  **DINNER** (location to be advised; self-pay)

**SATURDAY 29th June**

8.30 – 9.30  **Keynote**: Prof Nancy A Pachana  
AN EASY PILL TO SWALLOW. Creative Arts Engagement for Well-being in Later Life


9.50 – 10.00  Re-Evaluating the Factor Structure of the Self-Assessed Wisdom Scale  
(T Leenan et al.)

10.00 – 10.20  Growing old in old age psychiatry (C Perkins)

10.20 – 10.30  Navigating an Ageing Workforce: the challenge and opportunity  
(S Cotton & R Palmer)

10.30 -11.00  Morning tea

11.00 – 11.20  Do no harm: Improving current usage of the MoCA in healthcare settings (H Paton)

11.20 – 11.40  Older Parents Caring for Adults with Intellectual Disability (S Wintherbotham et al.)

11.40 – 12.00  Caring for Carers: Framework, Economics and Outcomes (A Velnoweth & J Beresford)

12.20 - 1.00  Lunch

1.00 – 3.00  **WORKSHOP**  
Prof Sara Honn Qualls  
INTERVENTIONS TO HELP CAREGIVERS AND THEIR FAMILIES

3.00 - 3.15  Closing remarks