



University of Southern Queensland
Faculty of Engineering and Surveying

Welding of Skin using Nd:YAG Laser with Bipolar Contact Applicators

A dissertation submitted by
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2003

In fulfilment of the requirements of
Master of Engineering

Certification of Dissertation

I certify that the ideas, designs and experimental work, results, analysis and conclusions set out in this dissertation are entirely my own efforts except where otherwise indicated and acknowledged.

I further certify that the work is original and has not been previously submitted for assessment in any other course or institution.

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Acknowledgements

There are numerous people who have contributed either directly or indirectly to this work. I would like to thank firstly my family, my husband Ian and daughters Ellen and Megan for their continuous support over many years.

I would also like to acknowledge my supervisor Dr John Grant-Thomson; Dr Ross Harrington and Dr Geoff Buckham for the use of the laser and operating rooms at St Andrews Hospital; Dr Ron Atkinson for his assistance with the animals and their care; the staff of the USQ Animal House; Dr Brian Harmon from Queensland University of Technology (QUT) for the preparation of the histology slides and Dr Deb Stenzel also from QUT for the histological analysis.

There were also numerous colleagues in the Faculty who gave encouragement to complete the project: Dr John Leis, Dr Mick Morgan and Mr Doug Baddeley. Lastly the acknowledgements would not be complete without a special thank you to Dr Mark Porter for his enduring confidence, support and assistance.

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1 General Introduction

This thesis investigates the feasibility of closing wounds in skin tissue by laser welding as a substitute for suturing. Such a process would provide advantages in some surgical procedures. The investigation revised available theory on the action of lasers on skin tissue as a basis for the experimental program. The results of experiments using rat skin are then reported.

1.1 *Background*

Laser systems permit very high-energy radiation of a single wavelength to be focused on a tiny spot, and have found application in many areas of engineering. They are also currently used in many branches of medicine including ophthalmology, gynaecology, dermatology, otolaryngology, and gastroenterology. These medical applications employ argon, YAG, and carbon dioxide type lasers. In many cases, lasers have been found to be more effective than conventional treatment methods with advantages including reduced blood loss, more accurate removal of unwanted tissue, shorter operating times and less postoperative pain and care (Gibson and Kernohan, 1993).

Today the cost of medical care and surgery is an increasing concern to governments and society. Research efforts are focusing on equipment, treatment and techniques that result in faster healing times and shorter hospital stays. Patients also prefer techniques that result in less pain and scarring.

Tissue welding using laser energy represents a small but growing area of medical research and is largely focused on anastomosis¹. This thesis investigates, using a specific experimental program, the feasibility of the bipolar contact Nd:YAG laser to weld **cutaneous**

¹ Words in **courier new** font are defined in Glossary.

tissue. No similar published research has been identified in this area. The available literature focuses on non-contact lasers of various types and settings and mainly in the area of anastomosis. The experimental methodology and the specific technique for the bipolar contact laser is developed, tested and evaluated as part of this project

1.2 Project Objectives

The main project objective is to experimentally investigate the feasibility of using a laser for welding cutaneous tissue. The feasibility of the process will be quantified by comparisons of welded cutaneous rat skin and sutured skin with uninjured rat skin.

In order to achieve this objective, several major aims were identified:

- To investigate the current uses of lasers in medicine.
- To assess the types of lasers suited to laser-tissue interaction and to determine a suitable type for use in this project.
- To evaluate known theory and published experimental work on the effects of laser energy on cutaneous tissue.
- To design and undertake an experimental program to test the effectiveness of laser welding skin in promoting healing.
- To compare the healing process of skin following laser welding with that of suturing.

The first three of these aims require an overview of the major medical fields as well as the enormous range of currently available commercial lasers. Figure 1.1 indicates the current range of lasers in commercial use and the proportion of these in medical use. They form the fourth largest section of sales in the industry.

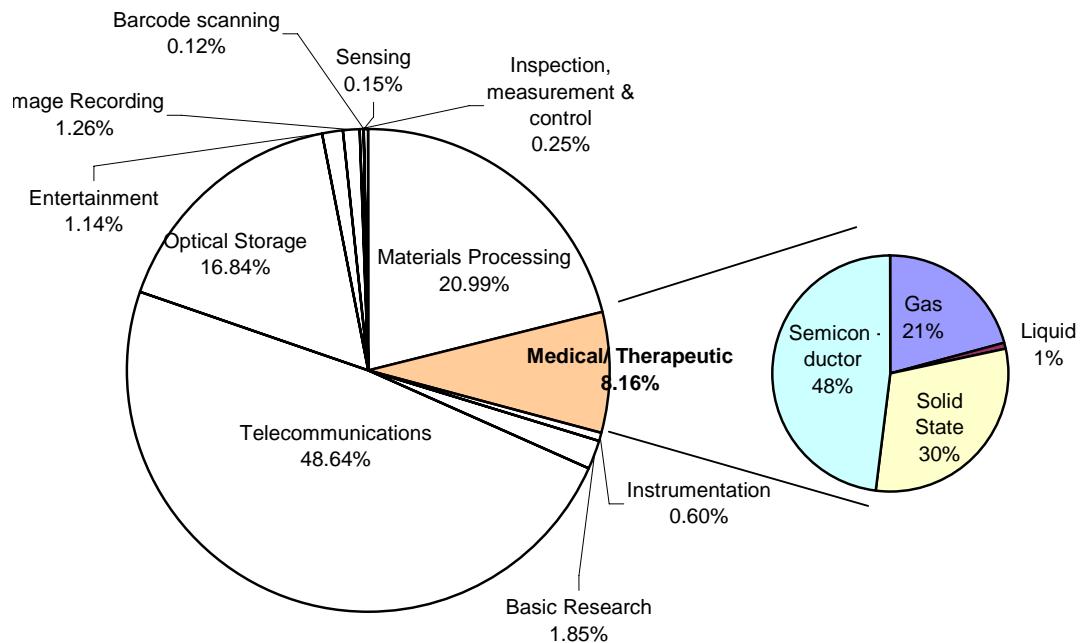


Figure 1-1 Laser sales 2000-2001

The approach used in this thesis is to define the major areas of medicine covering all areas where the use of lasers is well established (e.g. Ophthalmology and Dermatology) through to areas where the use of lasers is just emerging. The details of medical procedures are outside the scope of this thesis and so the discussion is limited to the type of laser used and the resulting effect on tissue.

Tissue welding is included in the major review of lasers in medicine. It meets the second and third aims of the thesis and concludes that a Nd:YAG bipolar contact laser has potential for welding cutaneous tissue. An experimental program is described for the testing of weld strength and healing time for 20 female inbred Wistar rats matched in age and general health. The rats received two scalpel skin wounds, one of which was conventionally sutured while the second was laser welded using a technique developed specifically for this project. Tensile tests were used to

determine the baseline tensile strength of uninjured skin to compare sutured and laser welded skin healing times.

1.3 Thesis Organisation

This thesis spans two disciplines of engineering and medical science.

Background information relating to lasers, including brief history of development, laser classification, safety issues and laser-tissue interaction are covered in Chapter 2.

Chapter 3 contains a literature review on Tissue Welding. It indicates that although significant work has been done on anastomosis, there has been little experimental work done on welding of cutaneous tissue. In particular a bipolar contact laser had never been used to undertake this kind of work.

Chapter 4 investigates the history of Nd:YAG bipolar contact laser as well as the effect of this particular wavelength on tissue with contact and non contact delivery methods.

Experimental methodology, results and analysis, discussion and conclusion pertaining to the second objective are contained in Chapters 5, 6, and 7 respectively.